



**SPECIFIC REGULATIONS
2019-2020 DIVISION 3 CHEERLEADING
PROVINCIAL CHAMPIONSHIP**

Note: In the event of any discrepancy between the French and English versions of these regulations, the French version shall prevail.

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(June 2019)

CHEERLEADING 2019-2020

Article 1 Age Categories

*1.1

Category	Age in the 2019-2020 season
Juvenile	From July 1, 2001 to September 30, 2003
Midget	From October 1, 2003 to September 30, 2005
Bantam	From October 1, 2005 to September 30, 2007

1.2

Move up in a category

With the exception of the "open" category, which can be composed of student athletes in the Bantam to Juvenile categories, students may only move up one age category.

*1.3

Levels by category

Bantam:

FCQ - Level 2

FCQ - Level 1

Midget:

FCQ - Level 3

FCQ - Level 2

Juvenile:

FCQ - Level 4

FCQ - Level 3

Open

FCQ - Level 3

FCQ - Level 2

Up to 120 teams (including collegial teams) are allowed to participate in championships that last only one day.

Participation of a minimum of 4 teams is required to maintain a level, with the exception of the top level in a category.

For each level offered, 14 places are available and each RSEQ regional association is allowed to enter at least one (1) team. In case one (1) or more RSEQ regional association is absent, the allocation of the remaining places will be based on the results of the previous year's championship (starting with the winning region).

In the event that the number of teams entered in a level exceeds the maximum of 14 places, this level may be subdivided into sub-levels according to the number of student athletes within the team. If after this first subdivision, a level exceeds the maximum of 14 teams, a second subdivision will be made according to "all girls" and "mixed" teams. A minimum of 4 teams is required to implement subdivisions.

Article 2 **Composition of the Delegation**

*2.1 **Delegation**

Each RSEQ regional association may bring in one or several teams per category. Each team (student athletes and coaches) is composed of a minimum of six (6) and a maximum of forty-two (42) persons, distributed as follows:

Athletes	Minimum 5 - Maximum 30
Coach/ Chaperone	Maximum 8 (minimum 1 per 12 athletes)
Substitutes	Maximum 4

2.2 **Composition of the team**

The team may be composed of girls or boys, without distinction.

2.3 **Participation**

An athlete may participate with their own team in their category and cross over to another team in another category. A cross-over is permitted for three (3) of the team's student-athletes, but must respect the rule that allows a single move up in the category. Such athletes must be identified on the registration form.

*2.4 **Substitutes**

Every team that has substitute athletes must identify them on the official line-up.

Article 3 **Specific Logistics and Procedure**

*3.1 The host organizing committee will inform the participants at least 15 days prior to the championship of the logistics details and championship programme. This information must be submitted beforehand to the RSEQ for its approval. A preliminary schedule will also be made available to the regions 5 days prior to the championship

*3.2 The revision procedure of the Fédération québécoise de cheerleading will apply.

***Article 4 Tie Breakers**

The tie breaker rule of the Fédération québécoise de cheerleading will apply in the event of a tie:

Article 5 Awards

5.1 A championship banner is awarded to the team that is ranked first in each of the category levels in the championship program, distributed as follows:

- First level: 46" X 72" banner
- Second level: 38" X 60" banner

5.2 Medals are awarded to team members at each level of the categories in the championship programme, and are ranked, respectively, as follows:

- First: Gold medal
- Second: Silver medal
- Third: Bronze medal

Article 6 Official Regulations in Use

6.1 The official regulations in use are issued by the Fédération québécoise de cheerleading.

6.2 The RSEQ Sport-Specific Regulations take precedence over the Official Regulations.

6.3 The RSEQ High School Governing Rules must be respected.