



**SPECIFIC REGULATIONS
2022-2023 DIVISION 3 FLAG FOOTBALL INVITATIONAL
PROVINCIAL CHAMPIONSHIP**

Note: In the event of a divergence between the different linguistic versions of these regulations, the French version shall prevail.

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Note : ** New article
* Modification to the article

(Juin 2022)

2022-2023 FLAG FOOTBALL

Article 1 **Official Regulations in use**

- 1.1 The official regulations of the game are issued by Football Québec
- 1.2 Nevertheless, the following RSEQ Sport-Specific Regulations take precedence over the Official Regulations.
- 1.3 The RSEQ High School Governing Rules must be respected.

Article 2 ***Age Categories**

Category	Date of birth for 2022-2023 season
Bantam	From October 1, 2008 to September 30, 2010
Midget	From October 1, 2006 to September 30, 2008
Juvenile	From July 1, 2004 to September 30, 2006

Article 3 **Composition of the delegation**

Student-athletes:	9 (minimum) / 25 (maximum)
Coach/Chaperone	maximum of 6 coaches/chaperones per team and maximum of 3 persons on the players' bench

Article 4 **Playing format and seeding**

The playing formats are round robin per section, and are determined in order to grant a minimum access per region. Subsequently, the additional accesses may be granted according to requests submitted pursuant to the notices of participation from the RSEQ regional associations, with the objective of respecting the meeting formats defined in articles 3.1, 3.2, 3.3, 3.4 and 3.5.

In the process of establishing the schedule, the waiting time between 2 preliminary round games of a team will be at least the duration of a game and at the most, the duration of four games.

4.1 4 Teams:

A round robin tournament per section of 4 teams will be applied for a total of 7 games including 6 preliminary round robin games and a final game between teams ranked 1st and 2nd place following the round robin.

Sequence of games within the section:

Team 4 vs Team 2, Team 3 vs Team 1, Team 4 vs Team 1, Team 3 vs Team 2, Team 2 vs Team 1, Team 4 vs Team 3

Final	2 nd place vs 1 st place
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4.2 5 Teams:

A round robin tournament per section of 5 teams will be applied for a total of 11 games including 10 preliminary round robin games and a final game between teams ranked 1st and 2nd place following the round robin.

Sequence of games within the section:

Team 5 vs Team 1, Team 3 vs Team 2, Team 4 vs Team 1, Team 5 vs Team 3, Team 5 vs Team 2, Team 4 vs Team 3, Team 3 vs Team 1, Team 4 vs Team 2, Team 2 vs Team 1, Team 5 vs Team 4

Final	2 nd place vs 1 st place
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4.3 6 Teams:

A round robin tournament comprising two sections of 3 teams will be applied for a total of 12 games including 6 preliminary round robin games and 6 playoff games.

Sequence of games within the section:

Team 3 vs Team 1, Team 3 vs Team 2, Team 2 vs Team 1

Section A	Section B
Team 1	Team 2
Team 4	Team 3
Team 5	Team 6

Playoffs:

¼ Final 1	3 rd place Section A vs 2 nd place Section B
¼ Final 2	3 rd place Section B vs 2 nd place Section A
½ Final 1	Winner of ¼ final 1 vs 1 st Section A
½ Final 2	Winner of ¼ final 2 vs 1 st Section B
Final GOLD	Winner of the ½ final 2 vs Winner of ½ final 1
Final BRONZE	Loser of the ½ final 2 vs Loser of the ½ final 1

4.4 8 Teams:

A round robin tournament comprising two sections of 4 teams will be applied for a total of 18 games including 12 preliminary round robin games and 6 playoff games:

Sequence of games within the section:

Team 4 vs Team 2, Team 3 vs Team 1, Team 4 vs Team 1, Team 3 vs Team 2, Team 2 vs Team 1, Team 4 vs Team 3

Section A	Section B
Team 1	Team 2
Team 4	Team 3
Team 5	Team 6
Team 8	Team 7

Playoffs:

¼ Final 1	3 rd place Section A vs 2 nd place Section B
¼ Final 2	3 rd place Section B vs 2 nd place Section A
½ Final 1	Winner of ¼ final 1 vs 1 st place Section A
½ Final 2	Winner of ¼ final 2 vs 1 st place Section B
Final GOLD	Winner of ½ final 2 vs Winner of ½ final 1
Final BRONZE	Loser of ½ final 2 vs Loser of ½ final 1

4.5

12 teams:

A round robin tournament comprising four sections of 3 teams will be applied for a total of 24 games including 12 preliminary round robin games and 12 playoff games:

Sequence of games within the section:

Team 3 vs Team 1, Team 3 vs Team 2, Team 2 vs Team 1

Section A	Section B	Section C	Section D
Team 1	Team 2	Team 3	Team 4
Team 8	Team 7	Team 6	Team 5
Team 9	Team 10	Team 11	Team 12

Playoffs:

1/8 final 1	3 rd place Section B vs 2 nd place Section A
1/8 final 2	3 rd place Section A vs 2 nd place Section B
1/8 final 3	3 rd place Section D vs 2 nd place Section C
1/8 final 4	3 rd place Section C vs 2 nd place Section D
¼ Final 1	Winner 1/8 final 3 vs 1 st place Section A
¼ Final 2	Winner 1/8 final 4 vs 1 st place Section B
¼ Final 3	Winner 1/8 final 1 vs 1 st place Section C
¼ Final 4	Winner 1/8 final 2 vs 1 st place Section D
½ Final 1	Winner of ¼ final 4 vs Winner of ¼ final 1
½ Final 2	Winner of ¼ final 3 vs Winner of ¼ final 2
Final GOLD	Winner of the ½ final 2 vs Winner of the ½ final 1
Final BRONZE	Loser of the ½ final 2 vs Loser of the ½ final 1

4.6

Seeding:

The Provincial RSEQ will be responsible for seeding of the teams. They will be distributed according to pre-established positions in the sections, while respecting the practice of separating teams from the same region.

The Provincial RSEQ will provide the organizing committee and RSEQ regional associations with the official schema by no later than 30 days before the start of the championship.

Seedings are assigned according to the following criteria based on the previous year's results:

- Juvenile seeding: juvenile rank + midget rank of the previous year
- Midget seeding: midget rank + bantam rank of the previous year
- Bantam seeding: bantam rank of the previous year

N.B. In the event of a tie in a combined ranking, priority will be given according to the rank in that category.

Article 5 **Official footballs**

- The official RSEQ ball is strongly recommended:

Girls	BADEN SE-FX 500Y and SE-FX 550
Boys	BADEN SE-FX 550

If this is not possible, the following sizes are recommended:

Girls	06 (Junior) or 07 (Youth)
Bantam boys	07 (Youth)
Midget and juvenile boys	09 (Senior)

- The offense or the team that receives a kick-off made from a kick-off tee will have the option to use its own ball.

Article 6 **Equipment**

- Players' shirts must be properly tucked into their pants at all times.
- Flags must not be the same colour as the shorts or pants.

The referee will have the final say as to whether these types of equipment are permitted.

Article 7 **Scoring**

7.1 Winning team

The team that scores the most points is declared the winner. For the purpose of ranking teams, points are allocated as follows:

- 2 points for the team that has won the first half
- 2 points for the team that has won the second half
- 2 points for the team that has won the game
- If the teams are tied in any of these situations, they each receive 1 point

7.2 Tiebreaker rule

At the end of the first round, if two or several teams finish with identical total accumulated points, ranking will be decided as follows:

- A) The team that has accumulated the most wins in the tournament against the other team(s) in the tiebreaker will be declared winner.

- B) If there is still a tie, the team that has the least points against between the teams in the tiebreaker, will determine the order of the ranking.
- C) If there is still a tie, the team that has the most points for between the teams in the tiebreaker, will determine the order of the ranking.
- D) If there is still a tie, the team that has the least points against in all the games of the competition, will determine the order of the ranking.
- E) If there is still a tie, the team that has the most points for in all the games of the competition, will determine the order of the ranking.

7.3 Forfeits

A game lost by forfeit will show a score of 12-0 which correspond to 6-0 per half.

Article 8 Awards

8.1 A championship banner is awarded to the team that is declared winner of the championship, in each category.

8.2 Medals are awarded to each of the team members ranked, respectively, as follows:

- First : Gold medal
- Second: Silver medal
- Third : Bronze medal